





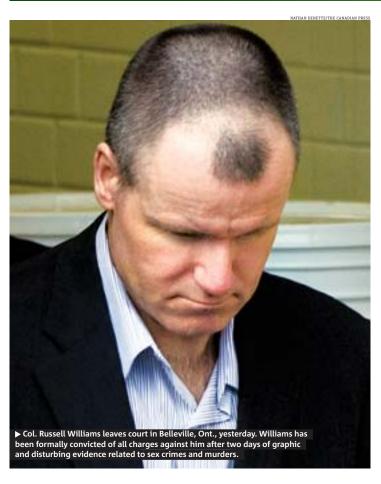
D'OH! **HOMER GETS A VATICAN** SHOUT-OUT (page 9)



EDMONTON ® net

Wednesday, October 20, 2010 www.metronews.ca





Who's new on city council

Not much, but some turnover in election (page 3)

Numbers game? Not yet for Oil

Oilers fans can't expect big stats just yet {page 20}

Colonel showed no mercy

Warning: Graphic details may disturb some readers

Whether his victims fought him off or complied with every perverted command he gave them, convicted sex killer Col. Russell Williams showed no mercy to the two women who begged for their lives before he brutally murdered them, a

Belleville, Ont., court heard yesterday. Williams, 47, sat silent, his head bowed as the Crown laid out the gruesome final hours of Cpl. Marie-France Comeau and Jessica Lloyd — every moment obsessively recorded with photographs and videotape.

The horrifying details came on the same day court heard Williams was in his 20s when he developed a fetish for stealing women's lingerie that would culminate in murder.

Comeau fought him until the very end even as she struggled, bloody and weak, against the duct tape he put over her mouth and the rope that he used to bind her hands behind her back.

Although Williams videotaped both rapes, those videos were not shown in court. Nor was the video he took of Comeau's murder. Instead the Crown read out a detailed account of the attacks based on an agreed statement of fact.

Williams repeatedly raped 37-year-old Comeau after breaking into her home last

"We have to give a clear picture of what type of person Mr. Williams is in the event that he tries to apply for parole in 25 years.

ONTARIO PROVINCIAL POLICE DET. INSP. CHRIS NICHOLAS

November and striking her repeatedly in the head with a flashlight.

After nearly two hours, Williams put a piece of duct tape over her nose, cutting off her air supply. As she slumped to the floor, court heard that Comeau made a final plea: "Have a heart, please. I've been really good ... I want to live." She died and Williams turned off the camera.

His next murder victim, 27-year-old Lloyd, did everything Williams asked, the Crown said. Williams broke into her Belleville home in January, tied her up and raped her repeatedly for hours. Only this time, he fastened a black zip tie around her neck and took her to his Tweed, Ont., home, where he repeated the torture. At one point, Lloyd pleaded: "If I die, will you make sure my mom knows that I love her?" That heart-wrenching detail left many in court sobbing. THE CANADIAN PRESS



Fewer dropped calls than new wireless carriers*

*Based on: cell site density; quality of indoor and underground reception; and seamless call transition when moving out of zone.















News on the move

- Use the ScanLife application on your smartphone

On the web at metronews.ca

How the Chile mine rescue set the gold standard for staging a disaster relief spectacle. More at metronews.ca



Baby found in Calgary dumpster in stable condition

Calgary police are investigating after a baby was found alive in a dumpster in the city northwest yesterday afternoon.

Police were called around 1:20 p.m. when a trio of passersby made the chilling discovery in the common garbage dumpster of a townhouse complex.

"I'm not sure how the passersby were alerted to the baby but they were and noticed the baby in the trash," Insp. Quinn Jacques said.

It's disgusting.' The baby was taken to hospital in critical condition but it has since been upgraded to stable, according to police.

Officials continue to investigate and are looking for the baby's mother. However, they couldn't confirm if a woman brought to hospital the same day was connected to the case.

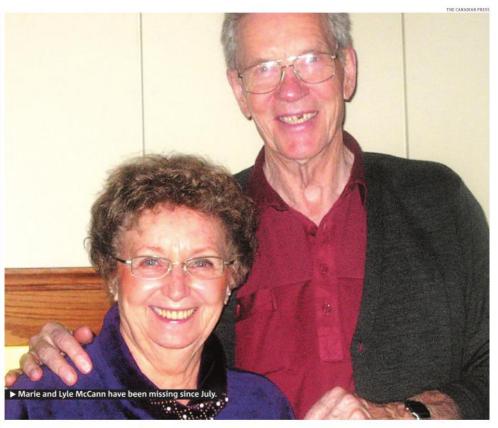
METRO CALGARY

Researcher to head up doctors' association

An Edmonton researcher who has become a crusader for injury prevention is the new president of the Royal College of Physicians and Surgeons of Canada.

Dr. Louis Francescutti says it's important that doctors receive proper training to meet increasingly complex medical demands brought on by rapid advances in tech-

THE CANADIAN PRESS



Seeking new leads in McCann case

Family posts billboards on Hwy. 16 \$60,000 reward for information



EDMONTON@METRONEWS.CA

Bret McCann is never going to give up the search to find his parents, and is reaching out to highway commuters to come forward with any information concerning their whereabouts.

Marie McCann and Lyle McCann went missing from the Edson area in July of this year.

Bret is putting up billboards along Highway 16 near the area where his parents' RV was found, in hopes that anyone in the area will come forward with information.

"We announced this reward in conjunction with CrimeStoppers about month and a half ago for any information leading to finding my parents and convicting those responsible," said Bret. The family meets with

police every weeks to discuss the case and any new information that arises, but so far no new leads have turned up.

"We still have about 20 investigators on this one," said RCMP Sgt. Patrick Webb, RCMP. "We're trying to move it forward to apprehension or charges laid but right now we don't anticipate charges

The first billboard will be up this weekend in the

Case history

- The couple's burned out RV was found shortly after they were reported miss-
- Travis Vader was deemed a suspect in the case.
- He is currently being held in iail on other charges.

Wildwood area, west of

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POLITICS

MLAs to be back in seats on **Monday**

Municipal politics have stolen the spotlight for weeks, but starting less than a week from now it's the province's turn to take over centre

The Alberta legislature resumes sit-

Long-term-care facilities in

Alberta are raising their

says the hike is being

capped at three per cent and is needed to "reflect in-

creasing operating costs.'

Supports Minister Mary

Anne Jablonski says the government will continue

to assist low-income resi-

dents to help offset the fee

hike through Alberta Sen-

iors Benefit and Assured In-

for Handicapped programs.

Severely

Seniors and Community

The Alberta government

fees next year.

ting Monday, when the Ed Stelmach government will intro-duce 11 bills in what House Leader Dave Hancock said will be a very short sitting.

Included on the agenda are amendments to the Health Act, changes to electoral districts, and the finalization of a new distracted-driver

The fall sitting will take a one-week break for Remembrance Day and will resume in mid-November.

\$1.65The cost the projected increase.

Accommodation fees in

meals, maintenance

Fees for a private room

will increase to \$55.90 per

day, for an average monthly rate of \$1,700; for a semi-

private, \$48.40 per day or

\$1,472 monthly; and for a standard room, \$45.85 per

day or \$1,395 monthly.

THE CANADIAN PRESS

long-term-care facilities include housekeeping servic-

and utility costs.

METRO EDMONTON

Province raises

price of care

New blood on new counci

Professor says two newly elected councillors should have impact **○** Edmonton's voter turnout was around 35 per cent on Monday night



After the polls closed and the votes were counted, Edmonton elected two new councillors.

Dave Loken and Kerry Diotte have each won their first municipal elec-

Loken came out on top of the polls in Ward 3 in his third attempt.

Diotte won the council-lor position for Ward 11.

Edmonton political scientist Chaldeans Mensah, PhD, said both new faces should have an impact.

"Loken will be an important addition to the council. He is somebody who believes that the city should get back to its core issues. I don't think he is going to be a rigid ideological person. He is looking at strong social issues, which is something that the mayor himself is committed to."

Mensah explained that each of the two individuals would bring his own perspective to the coun-

.. While Loken will fit in nicely with the existing

The number of returning Edmonton councillors. The mayor is also returning — for a third

VOTE OCT. 18 KerryDiotte.com ➤ Kerry Diotte celebrates his win Monday night. A local political scientist warns Diotte against adopting a "lone wolf" image.

council, Diotte may strug-

gle.
"It looks like Diotte is going to be providing an independent voice on council; he's started raising questions on the airport issue and wanting to organize a petition again. He could become a major challenge to the agenda of the mayor," said Mensah.

He believes Diotte will have to learn to avoid adopting a "lone wolf" image if he wants to find

The new kids

- Dave Loken has worked with the Coalition of Edmonton Civic Unions since
- Kerry Diotte was a iournalist at the Edmonton Sun from 1985 to 2009. Until recently, he was president of the Edmonton chapter of the Canadian Association of Journalists.

Return of airport

Kerry Diotte wants to revisit the controversial City Centre Airport issue.

Coun. Kim Krushell argues that Edmonton's electorate made its opinions clear when re-electing her to Ward 2, home of the CCA. O DUSTIN BLUMEHAGEN

Be protected,

get your Travel

Vaccines

Diabetes summit on its way

Innovations in diabetes research, management and prevention will be presented by more than 100 experts for discussion at the 13th annual Canadian Diabetes Association/ Canadian Society of Endocrinology and Metabolism Professional Conference and Annual Meetings at the Shaw Conference Centre today through Saturday.

metro edmonton

Lost person back home

A 22-year-old Edmonton woman reported missing by her family on Oct. 13 returned home on her own accord on Oct. 16, at

The young woman, Rachelle Hachey, was out for a walk and never came home, according to police. Her appearance indicated no medical concerns but was taken to hospital for precautionary measures. METRO EDMONTON

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Three charged after grow-op bust

Hundreds of pot plants were seized in southern Alberta on Friday.

RCMP in Airdrie, just north of Calgary, said the grow operation

housed more than 300 marijuana plants.

Police said it was a three-stage marijuana grow operation worth about \$400,000.

The setup took up the entire basement of the residence.

Son Thanh Nguyen, 38, Hong Kien Nguten, 26, and Anna Winston, 34, all residents of Airdrie, face charges of production of a controlled substance and possession for the purpose of trafficking. METRO EDMONTON

Now, about those campaign signs...



Morning fire rocks condo

Firefighters are investigating the cause of an early morning fire at a condo building on the city's northeast side.

Fire crews were called to a condo complex near Victoria Trail and Hooke Road yesterday morning.

"The fire was on the fourth floor of the building," said fire spokesperson Tim Wilson. "At this time it looks like the fire originated on the balcony and travelled down the exterior of the building and entered the building on the third floor."

An exterior wall caught fire and then inched inside the wall. Firefighters ripped part of the wall covering off and found the flames had extended into the wall of the suite below.

The apartment fire did affect the residents," Wilson said.

Crews had to douse the

Further details

- Fire crews were called to the condo building around 6:30 a.m. yesterday morning.
- The fire was under control by 7:40 a.m.
- The fire was completely extinguished by 8:10 a.m.
- Property owners are working with residents to get them back in their suites once investigators have finished

flames before the fire got away from them, while trying to limit water damage.

Some people from the building had to be sheltered on an Edmonton Transit bus.

No injuries were reported and investigators are still determining a damage estimate.

ANDREAS MORSE

More on the sign **bylaw**

Candidates are allowed to begin placing campaign signs the day after Labour Day and have 10 days after polling day to get rid of them, according to the city's bylaw. Bylaw officers did re-

move signs and seized them from city property leading up to the election. ANDREAS MORSE

• Countdown begins on candidate sign clearing • Ward 9 councillor hopes others will follow his lead



Signs, signs, everywhere a

But not for long, according to Edmonton bylaw regulations. Bylaws state that campaign signs must be removed within 10 days after polling day, unless the sign

is on private property.

The fine for failing to pull the signs by Oct. 28 is \$250 and goes to the person advertised on the sign.

But re-elected Ward 9 Coun. Bryan Anderson doesn't have to worry about incurring any penalties. He and his small team of volunteers spent election night picking up his signs, once the results were in.

"It sends a message to all the other candidates that when they are going about their business for the next few days, they won't see an Anderson sign contributing to the sign blight on our neighbourhoods," he said.

"I hope it will encourage them to get their volunteers ready to go."

His family and friends were out at 10 p.m. on Monday and finished clearing the signs by midnight. Ryan Pleckaitis, acting

Candidates

Considering the number of candidates, it's no wonder the streets are lined with signs.

- 68 candidates for council
- 44 candidates for school board trustees
- Seven mayoral candidates

director of the city's com-plaints and investigation section, said the hope is that all candidates will follow Anderson's lead.

"We worked very hard this year to educate the candidates and their campaign managers what the regula-tions are," he said. "The by-law is geared to hold them accountable for the illegal placement of signs.

Campaign volunteers used to be responsible for the signs and their placements, but now that responsibility falls directly on the candidate. The city has-n't issued any fines relating to campaign signs so far, Pleckaitis said.

"We're not ... providing a free service of going around and removing candidates signs," he said. "There will be consequences for candidates leaving them up.













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Chile probes mine company for negligence

Worker lost his leg in small collapse of San José Mine in July → Collapse that trapped 33 was in August

A Chilean legislative commission is investigating reports that mining operators ignored danger warnings from a man who was later among 33 trapped when a mine collapsed.

Deputy Carlos Vilches, a commission member, said yesterday that miner Juan Illanes has alleged that operators refused his request to leave the mine three hours before it collapsed on Aug. 5. Illanes reportedly had heard loud sounds that indicated a collapse could be brewing.

Vilches spoke at the opening of a public exhibit of the capsule used in last week's rescue of the miners after 69 days underground,



an achievement that served as a rallying point of national pride. The exhibit in the plaza outside Chile's presidential palace is drawing hundreds of people.

Vilches said he would call Illanes and other min-

\$10K

Some of the rescued miners have begun enjoying some of the trips and other gifts they have been given, including \$10,000 each from a wealthy businessman.

ers to testify before the commission about conditions at the mine.

A spokesperson for the San Esteban mining company that owns the mine said the firm would have no comment pending possible legal proceedings.

THE ASSOCIATED PRESS



France's youth show outrage

Masked youths clashed with police and set fires in cities across France yesterday as protests against a proposed hike in the retirement age took an increasingly radical turn. Hundreds of flights were cancelled, long lines formed at gas stations and train service in many regions was cut in half.



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Militants attack parliament in Chechnya, kill 6

• Attack follows a bombing in the Moscow subway in March and a car bombing last month in Vladikavkaz

Islamic insurgents attacked Chechnya's parliament yesterday in a brazen suicide raid that left six people dead and 17 wounded, defying Kremlin claims of stability in the volatile southern region.

In a clear challenge to Moscow, the raid occurred just as Russia's interior minister was visiting the provincial capital of Grozny.

The three attackers drove to the tightly guarded parliament complex and got inside. One militant blew himself up at the doors and another two ran into the building shouting "Allahu akbar!" — "God is great!" in Arabic — as they



opened fire on the people inside, said a Chechen police spokesman.

The regional prosecutor's office said the remaining two attackers also

blew themselves up after exchanging fire with police, while other officials said they were killed in a gunbattle.

THE ASSOCIATED PRESS



Enjoying the Stillness

Today's photo of the day is by Canadian Val Chirkov and was submitted in the Favourite Spot category. The photo is titled Stillness. Enter your photos today and view more pictures at metrophotochallenge.ca.



Costly crime agenda

Don Head, commissioner of Correctional Service Canada, says he will have to hire thousands more staff. as well as expand existing prisons to handle the extra 4,478 inmates that will be the result of the Conservatives' crime legislation. THE CANADIAN PRESS

\$2 billion

The commissioner says he'll need to spend about \$2 billion to deal with the influx of prisoners.

SPECIAL REPORT BROUGHT TO YOU BY RBC

Children's Mental Health







have a son who has a mental health disorder. He has had this illness since he was 18 and is now 34.

Throughout his early years and into high school, our son was a happy, loving child who excelled in academics and sports. Then he became ill and his dreams were shattered.

As a parent of a child with a mental health disorder, I have a unique perspective. In my quest to find help for my son, I explored several avenues - seeking advice from specialists, reading countless books on the topic and joining many mental health groups. But I soon realized that the primary obstacle for getting the proper care and services for my son was the stigma associated with mental health disorders. What could I do to change these attitudes? As a result of my experiences, I decided to write a children's book about children with mental health disorders. And so Iris the Dragon, a series of illustrated books, was created. My goal has been to use the Iris the Dragon Series to help parents and children understand that mental disorders do exist, they are often preventable, and that early education and recognition could make a huge difference. And, even more importantly, Iris the Dragon ofters one thing we all need – HOPE.

As parents, we all share a common goal. Our stories are all the same. We love our children and only want to make them better. We are no different than a parent who has a child with concer, diabetes, multiple sclerosis or cystic fibrosis. We are devastated when we hear the diagnosis and look toward the medical community for answers. We look for answers and understanding of the illness. We ask what resources there are in the community to support us. We hope that our friends and family will be supportive. We hope that our child will recover. Hope is our strength, our

defense, and our armor.

But as a parent and advocate, I know the need is great for an improved system that radiates medical support, community support, parental support and remediation for our children. We need to continue our fight to reduce the stigma and raise awareness. With HOPE, support and education, parents of children with mental health issues do have more options and apportunities to find help for their children and enable them to lead normal lives.

For more information, visit: www.rbc.com/ childrensmentalhealth





Google found not so street smart

• Google violated Canadians' privacy rights: Privacy commissioner • Collected personal info by accident

Millions of Canadians search the web every day, but the country's privacy commissioner says their favourite search engine was doing too much research into them.

Jennifer Stoddart says Google broke Canadian privacy laws when it accidentally collected personal information from unsecured wireless networks while putting together its Street View mapping serv-

An investigation by Stoddart's office found emails, addresses, usernames and passwords. Even a list with

Privacy concerns

In April, privacy commissioner Jennifer Stoddart led a group of 10 privacy regulators who wrote to Google concerned about its approach to privacy.

- Street View lets users get crystal-clear pictures of homes and sometimes faces and licence plates.
- Stoddart said Google needed clearer controls around new product launches and enhanced privacy training.

names of people with certain medical conditions was collected.

Thousands of Canadians were likely affected, Stoddart said, by what amounted to a careless error on the part of an engineer.

According to Stoddart's investigation, the code he'd written to map wireless Internet signals also allowed for the capture of communications over unencrypted networks, but he never submitted it for review to Google's lawyers so no one was aware of the potential for problems.

THE CANADIAN PRESS



Beijing drops a market bombshell

China shook global markets yesterday with its unexpected increase of interest rates, but the surprise was compounded by the size of the move. The increase was 25 basis points, the first time in modern history that Beijing adjusted deposit and lending levels by a number that was not a multiple of nine.

Canadian house prices come down

Increases in Canadian home prices are moderating as the market cools from overheated levels of earlier this year, says one of the country's largest real estate companies.

A Royal LePage survey published yesterday said housing prices weakened in the third quarter in most major markets, coming off unseasonably strong sales in the first half of the year when low interest rates helped stimulate a rush to

THE CANADIAN PRESS

vear is unfoldina much as we

predicted, with the unusually active first half of 2010 giving way to slower markets."

PHIL SOPER, ROYAL LEPAGE PRESIDENT AND CHIEF EXECUTIVE

Apple Inc. shares fall on good news?

Wall Street's bar was so high for Apple Inc. that the fact that it sold more iPads than Macs in the latest quarter wasn't enough to impress in-

Shares fell nearly six per cent after the release of results Monday, even though Apple reported record net income and revenue.

THE ASSOCIATED PRESS



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THERE REALLY SHOULD BE AN APP FOR THAT



It's now an article of faith after numerous studies prove it to be so — that texting, talking and even listening on your cellphone while driving is even more dangerous than driving while drunk.

hat, of course, doesn't prevent people from texting, talking or listening while driving, even when it's illegal: OMG! I'm gonna crash. It's enough to make you get out and walk. But lately it occurs to me that is no solution. Walking has become just as dangerous as driving as the streets are populated by the same idiots distracted drivers who somehow manage to park their cars

without incident.

Everywhere you go, and I mean everywhere, the Text Menace is right in front of you, brow furrowed, thumbs going a mile a

minute, jacked into headphones, completely oblivious to what's going on around them — or in front of them.

How many times todav were vou forced to swerve to avoid some vision in Ugg boots who

couldn't wait to tell her BFF that she's just across the street, so Wait for Me!

And if you think that's bad, did you know you can get an iPhone app called Type and Walk which makes it possible for you to, well, type and walk at the same time without running into

anything or anyone. That means you never have to look up. Or say you're sorry. Or thank-you. Or hello, or any of that other, like, outmoded human interac-

tion stuff.

I guess Type and Walk is a good thing, especially if you have a tendency to walk off the curb into an oncoming bus, but would it not be simple just to turn your phone off for

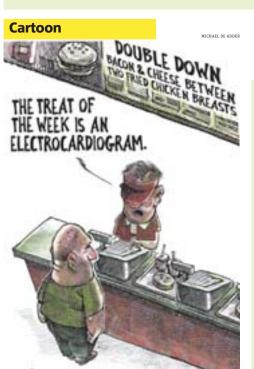
the three minutes it takes to get from here to there?

I think it's time to consider a ban on cellphones altogether. In case you haven't noticed, 'smart" phone zombies are everywhere, holding the line up at Tim Hortons as they talk to their friends while trying to select 30 different Timbits. Or they're in the elevator telling people they're in the elevator, as in: "I'm in the elevator." Or in a stall in a public washroom.

Some people don't think it's a good idea to ban cellphones, even if you're heading down the freeway 40 kilometres over the limit. Rush Limbaugh, for example, thinks the whole idea is a commie plot: "Liberalism, social-ism, communism is responsible for more deaths than cellphones could ever hope to be." But consider the source. I would bet listening to Rush Limbaugh lose his mind in public is more dangerous than texting and drinking combined. LOL.



Read more of Paul Sullivan's columns at metronews.ca/justsaying



BlackBerry aiming low?

Worth mentioning

MONTREAL. While Apple CEO Steve Jobs brags that iPhone smartphone sales have pulled ahead of RIM's BlackBerrys, analysts say Research In Motion is aiming at a different, more international marketplace.

"It could have a viable future as a growth company that really focuses on affordable smartphones, affordable messaging devices," MKM Partners analyst Tero Kuittinen said from New York.

'The fate of Research In Motion really hinges on how well they now do in Asia, Latin America and

the Middle East."
Apple said Monday that



"Everywhere you

go, and I mean

everywhere, the

Text Menace is

right in front of

you ..."



iPhones outsold BlackBerrys by two million units in the quarter, but Kuittinen said that's like comparing a BMW luxury vehicle with a mid-market Honda.

"Apple is targeting very sophisticated consumers who demand cutting-edge technology and are really interested in expensive data plans," he said.

BMO Capital Markets analyst Tim Long also said RIM is best positioned to benefit from smartphone growth in emerging markets over the next few years. He noted that most emerging markets don't offer subsidies for smartphones buyers and it would cost consumers in those markets more money to operate an iPhone than a lower-end, basic BlackBerry.

THE CANADIAN PRESS

How early is too early for a toque?

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Homer a Catholic

The Simpsons' producer says the television program clearly shows Homer is not Catholic
 It's the latest example of the Vatican's efforts to be more relevant to younger generations

The Vatican newspaper has declared that Homer Simpson is part of the Pope's flock — a claim that leaves The Simpsons TV producer baffled.

"Few people know it and he does everything to hide it but it is true: Homer J. Simpson is Catholic," L'Osservatore Romano wrote in its weekend edition.

Last December, the newspaper praised the show on its 20th anniversary for its philosophical leanings and irreverent take on religion.

The weekend story was the latest example of the Vatican paper's efforts to be more relevant in the past few years.

It follows stories not

It follows stories not only lauding Harry Potter but even praising the Beatles and waxing philosophical about John Lennon's boast that the British band was more popular than Jesus.

The paper quoted an analysis by a Jesuit priest, the Rev. Francesco Occhetta, discussing Homer and Bart's conversion in a 2005 episode after meeting with a sympathetic priest, Father Sean, voiced by actor Liam Neeson.

Osservatore says the analysis shows that behind the TV program's jokes are

"My first reaction is shock and awe, and I guess it makes up for me not going to church for 20 years."

AL JEAN, EXECUTIVE PRODUCER

themes "linked to the sense and quality of life."

"The Simpsons' remain among the few programs for children in which the Christian faith, religion and the question of God are recurring themes," it said. "The family recites prayers together before meals and, in its own way, believes in heaven."

While noting that The Simpsons often takes jabs at religious figures, it said parents should not be afraid to let their children watch "the adventures of the little guys in yellow."

But the show's producer told Entertainment Weekly the Vatican may have gone a step too far in its analysis of the satire, noting that Homer and Bart only consider converting in the 2005 episode.

Jean noted that the Simpson family attends the First Church of Springfield, "which is decidedly Presbylutheran."

"We've pretty clearly

shown that Homer is not Catholic," he told the entertainment website. "I really don't think he could go without eating meat on Fridays for even an hour."

But L'Osservatore would seem to take that in stride,

"Skeptical realism seems to prevail in the Simpson stories," it wrote.

"Young generations of television watchers are educated to not let themselves be fooled. The moral? None. But one knows that a world without easy illusions is a more human world and, perhaps, more Christian."

THE ASSOCIATED PRESS



Gemini Awards



It'll be a Glee-ful celebration at the Gemini Awards next month.

Cory Monteith, who stars in the hit TV series, has been announced as host of the Geminis, which celebrate the best in Canadian television.

The show takes place in Toronto on Nov. 13.

The cop show Flashpoint is among the main contenders at the event, with 15 nominations.

The Geminis are celebrating their

25th anniversary.
Monteith, who
plays Finn Hudson
on Glee, was born in
Calgary and raised in
Vancouver.



Bieber's mom feels shut out

Source says she's talking to a lawyer about Justin's planned autobiography

Pattie Mallette, mother of teen sensation Justin Bieber, is worried she's being cut out of her son's successful career, according to Radar Online.

Her worries started when she found out about Bieber's forthcoming autobiography.

"No one in Justin's camp told her or consulted her," a source says. "She found out about it by reading it in the press."

"She feels that she's being cut out of her son's business life by the people around him. She doesn't know what to do. It was a big step for her to finally go out and look for a lawyer for herself."





Talking points

Aguilera finds support

BLAME. Christina Aguilera reportedly blames husband Jordan Bratman for the collapse of their marriage, according to Page Six.

"She feels that he held her back when she wanted to focus more on her career," a source says. Meanwhile, Aguilera has reportedly been turning to Lindsay Lohan's ex-girlfriend, Samantha Ronson, for emotional support, though sources deny rumours the two are hooking up.
"They've known each

"They've known each other forever and they're good friends," a source says. "Samantha was in Mexico with Christina for Nicole [Richie]'s bachelorette party."

Gaga ready to

COMMITMENT. Things are

getting serious enough

between Lady Gaga and boyfriend Luc

Carl that the pair re

portedly took

part in a "spir

settle down?

commitment ceremony," according to Grazia magazine. "It was their first step towards marriage," a source says. "They both dressed up and said beautiful handwritten vows. They then exchanged rings in a spiritual service and drank shots before sitting down to a lovely private dinner at a tiny restaurant." And the cere-mony was just the beginning, according to the source: "They are still planning to marry, but that will come later when she has the time to plan a big Italian-style wedding.

Elton was asked to be Idol judge

OFFER. Elton John says he turned down an offer to be a new judge on American Idol.

"I don't want to be on television. It's become boring, arse-paralyzingly



Celebrity tweets



JIM CARREY

[@JIMCARREY] Friday night in NYC. A giant aching mass of impulse and apatite speeding toward the dawn again! You're a wild one!



GAGA [@ladygaga] Having a Perfect

Manhattan, for my perfect guy. Love you Giuseppe am



Taylor Swift [Ataylorswift13] At

with my family, engaged in a heated argument debating our theories on who 'You're So Vain' is



Johnathan Ross [@Wossy]

too much coffee and fruit. Would make a great pinata for cannibals. Main course, then desert and coffee in one handy skin. Yum.

magazine.

He also questions how much reality shows prepare singers for a real career. "TV vaults you to superstardom and then you have to back it up, which is hard," he says.



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THE BAHAMAS

like ships that pass in the night because of jam-packed schedules and are desperately in need of pampering time together.

Poster couple

John Travolta and wife Kelly Preston make time for intimate getaways at places like the ultraposh resort, Atlantis, in the Bahamas. With more than 2,000 rooms, the resort might not be intimate but even these stars can get lost in the crowd.



DOMINICAN REPUBLIC

For twosomes who rank styrofoam, George W. Bush and SUVs high among the environmental evils of the world.

Poster couple

Brad Pitt and Angelina Jolie like to keep it real in the DR. They stroll the streets and hang with the locals, before hiding away at an exclusive resort, like the Punta Cana Resort & Club.

The sugary-white beaches of the Dominican Republic are why most people head there, but its best-kept secret is its ecofriendly side.

Hike through unspoiled mangrove swamps and mountains with cascading waterfalls.



BARBADOS

For let's just do it twosomes who can't get the vacuum cleaner out of the front-hall closet because it's iammed with baseball gloves, golf clubs, yoga mats and last year's darttourney trophy.

Poster couple

David and Victoria Beckham flaunt their rippled bodies on the beach at celebrity-magnet Sandy Lane, the island's most exclusive, and expensive, resort.

When they're not frolicking in the waves, they lounge in their ocean-view suite, far away from the unwashed masses seeking autographs.



MEXICO'S MAYAN RIVIERA

For hipster couples who like to follow the crowd on the road to what's hot and happening.

Poster couple

Tom Cruise has always been one to be on top on the latest trend. He kicked off the global obsession with aliens with War of the Worlds and snagged himself a young wife (a popular Hollywood tradi-tion) in the form of Katie Holmes.

He also knows a good thing: He booked a romantic getaway with his beloved at the Maroma Resort and Spa, a nearly \$5,000-a-night sweet spot in the Mayan Riviera.



GRENADA

For twosomes who love facing challenges and adversity head-on and want a trip to a place with strong conviction and spirit.

MICHELE SPONAGLE

Poster couple

Will Smith and Jada Pinkett Smith, Heidi Klum and Seal. Both of these couples share things in common: It's the second time around for both, and these twosomes have vacationed on the spice island. Sure, they could've given up on finding love again and taken a vow of chastity, but they licked their wounds, found fresh amore and hooked-up for a sequel marriage.



SeaWorld



A new rollercoaster and a tropical fish venue are coming to two Florida theme parks owned by SeaWorld Parks. Park officials announced last week that the roller coaster Cheetah Hunt is coming to Bush Gardens Tampa, while Grand Reef will open at Discovery Cove in Orlando. The roller coaster will launch riders from zero to 96 kilometres per hour at the start of the 1,350-metre track and include a 39-metre drop. A new cheetah habitat will be built alongside the roller-coaster. THE ASSOCIATED PRESS



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Make traveling with children a pain-free trip

• Miph hand is a y r vacation • Being prepared is always the best advice



Having heartwarming pictures of little Susie and John in front of a gorgeous landscape or city skyline is priceless, but getting them there can cost you a lot of energy. Here are some tips to make your trip run more smoothly.

Make sure your child has the proper travel documents. If travelling abroad, they need a passport. For any kind of travel, they might also need their birth certificate showing the names of both parents. Or if they are with one parent, they need a consent



letter from the other or a death certificate. Websites such as Passport Canada have more information.

Whether you're opting for planes, trains or automobiles, keeping a child content can be a chore. According to Jamie Pearson, publisher of the awardwinning website Travel Savvy Mom, a lot can keep your children content and entertained.

"For flights with young kids, bring a bag of inexpensive toys that they've never seen before," she says. "For road trips, buy a selection of children's audio books or (loan) from your local library. You'll be surprised how the miles fly by when everyone is transported by a well-told story."

Pearson also recommends bringing a portable DVD player and an iPhone or iPad with kid-friendly apps.

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+Taxes & other fees (including service charges): \$287

JAMAICA

to oceanfront rm.

Sunset Jamaica Grande Resort & Spa • 4★

All-Inclusive • Standard rm.
Dec. 30 • 1 wk.
FREE upgrade

+Taxes & other fees (including service charges): \$279

PRIVILEGES

FLIGHTS VIA TORONTO OR CALGARY

CUBA via Calgary

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All-Inclusive • Standard rm. Oct. 31-Dec. 12 • 1 wk. \$699

+Taxes & other fees (including service charges): \$226

CUBA via Calgary

Santa Clara Meliá Las Dunas • 4★

All-Inclusive Standard rm. Dec. 25 • 1 wk. PRIVILEGES \$1659

+Taxes & other fees (including service charges): \$226

DOMINICAN REPUBLIC via Toronto

Samana

Gran Bahia Principe El Portillo • 4 1/2 ★

All-Inclusive • Standard rm. Nov. 7 - Dec. 12 • 1 wk.

\$789 +Taxes & other fees (including service charges): \$324

MEXICO via Toronto

Cancun/Riviera Maya

Grand Sirenis Riviera Maya Hotel & Spa • 5 ★

All-Inclusive • Junior suite Dec. 31 • 1 wk.

\$1559 +Taxes & other fees (including service charges): \$308

MEXICO via Toronto

Ixtapa/Zihuatanejo Hotel Emporio

Ixtapa • 3 1/2 ★

Standard mountain view rm. Dec. 25 • 1 wk.

+Taxes & other fees (including service charges): \$281

Puerto Vallarta/ Riviera Nayarit Barceló Puerto Vallarta • 4 *

All-Inclusive
Junior suite deluxe
Nov. 13 - 27 • 1 wk.

\$999 +Taxes & other fees (including service charges): \$281

USA

Las Vegas via Calgary or Vancouver

Excalibur Hotel & Casino • 3 1/2 ★

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JAMAICA

lberostar Rose Hall Beach • 4 1/2 ★

All-Inclusive Standard garden view rm. Dec. 30 • 1 wk.

\$1799 +Taxes & other fees (including service charges): \$279 Gran Bahia Principe Jamaica • 4 1/2 ★

All-Inclusive • Junior suite Dec. 30 • 1 wk.





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Surf and turf your way around Hawaii's coolest spot.

See Lolani Palace

As the only remaining royal palace in the U.S., Iolani is a historical landmark. Find out more about the palace's history from when it was built by King Kalakaua in 1882 with a guided tour.

iolanipalace.org

Hear Tropical Tunes By day, Chinatown is a

bustling area where you can wander around market stalls slurping on noodles or sampling local dim

By night, it's a musical hub with great live music. Hank's Café Honolulu on the edge of Chinatown is a friendly hotspot popular with the locals.

hankscafehonolulu.com

Do Surf 'n' Turf

Water activities are the thing to do.

Try your hand at boogie boarding, surfing, snorkel-ing, or challenge the waves by hopping into an outrigger canoe.

Exploring surrounding islands on a kayak is great fun. Kailua Beach has some good waves but Waikiki is best for beginners.





know Palm Springs, California, don't you? People have long been drawn to this desert spot, with its 350 days of sun per year, sheltered by mountains on every side. The Palm Springs Hotel, the city's first, was built in 1886. Since then, tourists have soaked up sunshine and the city's rich history in equal measure, some becoming part of it themselves. Now it's your turn.

PAST AND PRESENT

Abundant water, flora and fauna have made Palm Springs popular for centuries, particularly among the ancestors of the Agua Caliente Band of Cahuilla Indians. Traces of their rock art, house pits, reservoirs and trails can still be seen. Ranger-led tours make a perfect supplement to programs and exhibits offered by the Agua Caliente Cultural Museum, located downtown. The Aqua Caliente Band remains an active part

of Palm Springs' business community; its holdings include the Spa Resort Casino and Indian Canyons Golf Resort, both popular with tourists.

FAME & FORTUNE

Culture comes in many forms. No modern history of Palm Springs would be complete (or nearly as much fun) without a look at some of the city's most dazzling residents. A former home of Marlene Dietrich, Loretta Young, Bob Hope, and Lucille Ball among many others, Palm Springs continues to draw luminaries like Leonardo DiCaprio, Halley Berry, and Gwen Stefani to its sundrenched streets. A trip down Frank Sinatra Drive reminds you of the most famous Palm Springs resident of all.

ART & ARCHITECTURE <a>®

Performing artists aren't the only ones inspired by Palm Springs' natural beauty. For architects of the Desert Modernist school, this city was, and remains, a gathering place. The movement, emphasizing a mixture of natural and manufactured resources, indoor and outdoor space, has gifted Palm Springs with many elegant buildings, both sleek and informal. Guided tours are available vear-round.

Photo: Palm Springs Desert Resorts CVA

Yes, Palm Springs has an exciting past, but its future is even sunnier. Since 2007 (and continuing today), Palm Springs and its sister-cities in the desert are introducing new hotel properties, restaurants, golf courses and other amenities totaling more than two billion dollars' worth of investment. There's already more than 100 lodging properties awaiting you, your partner, your children, your parents, and your friends. Come see what's brought people here for hundreds of years, and what's bringing even more of them here today.

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manager field, into 11.3137 years (f. heatsphelinen, fr



Simple dish, complex flavoiir

Sauteed chicken with Caramelized Onions

Preparation:

- Cut onions into 6 wedges each. Sprinkle chicken with 1/4 tsp each salt and pepper.
- In large skillet, add 2 tsp margarine and melt over medium-high heat. Sauté chicken until browned about 3 minutes per side: transfer to
- Reduce heat to medium and melt remaining margarine in skillet. Sauté onions, 1 tbsp sugar, and remaining

salt and pepper until onions turn golden brown and caramelize, 8 minutes. Stir frequently. breaking onions apart. Add broth and boil until

evaporated, 2 minutes. RECIPE COURTESY READERS DIGEST

Stir in rosemary, thyme, and remaining sugar.

Ingredients:

- 750 g medium onions
- 4 skinless, boneless chicken breast halves
- · Salt to taste
- 1/2 tsp pepper
- 4 tsp margarine
- 2 tbsp superfine sugar

utes. Serves 4

Return chicken to skillet

and sprinkle with vine-

gar. Cook, uncovered,

until juices of chicken

run clear, about 4 min-

- 1/3 cup reduced-sodium
- chicken broth • 1 tsp chopped fresh rose-
- 1 tsp chopped fresh
- thyme
- 1 tbsp red wine vinegar

Book reflects local food philosophy

To cook like the world's best chef you might try his recipe for snails, which instructs the reader to feed them lettuce for a couple of days, put them in a pan of water, and bring it to a boil, "making sure that the snails don't escape."

It's not your typical cookbook entry. But Rene Redzepi is hardly your typical cook.

At age 32, he is the chef of the moment, ever since his Copenhagen restaurant, Noma, grabbed first place on Restaurant Magazine's list of the world's 50 best restaurants last spring. He stole the spotlight from perennial "it" restaurant el-Bulli in Spain and estab-lished with surprising suddenness the supremacy of a movement known as neo-Nordic cuisine.

When Noma opened seven years ago, Danish colleagues mocked Redzepi for his pledge to use indigenous ingredients in a region where very little grows, and where haute cuisine was either French or Italian.

But Redzepi stubbornly resisted, foraging for wild



herbs and experimenting with Icelandic cheese and Norwegian razor clams. Yet he felt he was still cooking in a style borrowed from the places he had trained. including elBulli.

Redzepi's culinary epiphany came while he was hunting for muskox in Greenland, the tempera-ture a frigid -48 C. "It was healthy to take time out and think, 'Why I am doing these things?'" he said. "Suddenly I could put a word to it, that the main thing people should experience is a sense of time and place."

Now, every dish he creates is a microcosm of its origins, a little piece of nature on a plate.

At Noma, you might eat

a pot of raw radishes in a malt and hazelnut soil. A quail egg smoked in hay. Horseradish snow. And, of course, those snails, alongside the same moss they inhabit in the wild. His pure, contemporary style has struck a chord — his 12-seat restaurant receives 4.000 reservation requests a day.

Last month, Redzepi released a much-anticipated cookbook, Noma: Time and Place in Nordic Cuisine (Phaidon), with a book tour that took him around the globe.

The book features 200 photos, portraits of farmers, a diary from the early days, and recipes (though the average cook might be overwhelmed by the prospect of tracking down sea buckthorn or chasing snails).

"It's not really about, 'I'm going to go home and cook a five-course meal from Noma,'" admits Redzepi. "You can read about people, discover a region, a restaurant, a philos-

And a cuisine that goes well beyond Danish pastries. THE ASSOCIATED PRESS

Banana split smoothie nutritious and delicious

This breakfast smoothie, which would also make a great after-work or afterpick-me-up, packed with fruit, yogurt and the goodness of chocolate milk. It is a nutritious take on classic banana split

Banana Split Smoothie

Preparation:

In a food processor, purée all ingredients at high speed until smooth. Makes 5 servings. Nutritional information per 250-ml (1-cup) serving (values have been rounded): 183 calories, 6 g protein, 34 g carbohydrate, 4 g fat, 2 g fibre, 106 mg sodium, 191 mg calcium. **THE ASSOCIATED PRESS**

Ingredients:

- 500 ml (2 cups) chocolate
- 500 ml (2 cups) strawberry yogurt
- 250 ml (1 cup) frozen strawberries







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So you want to be an entrepreneur?

• Opening a small business can be made easier by going franchise route



What do Comfort Keepers, Survivor Bootcamp, Post-Net, Reliable Independent Living Services, Canadian Tire and Cora Breakfast and Lunch all have in com-

They're franchises, which account for 40 per cent of all retail sales in Canada and 10 per cent of the GDP, and employ more than one million Canadians, according to the Canadian Franchise Association (CFA). They attract a diverse group, from former franchise employees and corporate executives, to new immigrants, young entrepreneurs, and women, like Cora Tsouflidou - part of a growing demographic, according to a 2008 national survey commissioned by Gowling

Lafleur Henderson LLP. Divorced with three teenage children to sup-Tsouflidou opened her first restaurant in Quebec in 1980. She sold the popular eatery to work at a large establishment where

she honed her skills. In 1987, she debuted Cora Breakfast and Lunch; other locations soon followed. In order to grow her business, build her brand and "teach others her winning recipe," she

chose franchising as her business strategy.

The first franchise

opened in 1994; today there are more than 115 across the country with annual sales of more than \$125 million. Tsouflidou credits her success to "initiative, perseverance, selfconfidence and boundless energy.'

What's The Next Big Thing?

Here are two growing sectors:

Senior/Home Care Services: Thirteen percent of the Canadian popula-tion is aged 65 and older, and this population expected to double over the next 20 to 25 years, says Arif Abdulla, marketing and PR director for Nurse Next Door. Canada's fastest-growing home care franchise. This is a largely unregulated, competitive industry, says Abdulla, that demands a 24/7 commit-

• Business Consultants: Includes everything from coaches to brokers that serve businesses and help them grow or operate better. Gemma Business Brokers president Maurice Muise says B2B franchises offer a professional services opportunity, life/work balance and growth market as boomers start retir-

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How do you find your own recipe for success?

"Making sure the franchise is right for you is essential for success and fulfillment," says Lorraine McLachlan, CFA president and CEO. Here are just a few questions she suggests you ask yourself. For more tips for potential franchisees (those buying franchises) and franchisors (those selling them), visit cfa.com.

- What motivates me? Potential revenue, challenging work, people, service, recognition, safety, security?
- How much structure, support, supervision or feedback

do I need? New franchises tend to offer more flexibility with rules; more established ones tend to have more rigid systems and operating procedures.

• How much money do I have to invest? Licensing fees can run from \$5,000 to \$75,000plus. Other expenses usually include royalties.

• How many employees do I want?

• Do I like being on the front lines and dealing with customers?

• What's my job experience? Look for a business that fits with your expertise. OMETRO

top franchises

The biggest players in Canada:

1. Tim Hortons — 2.902 locations; \$50,000 franchise

2. Subway Subs of Canada

— 2,457 locations; \$15,000 US franchise fee; 2 weeks training

> 3. MTY Group (23 different brands, including Country Style, Cultures, TCBY, Thai Express and Yogen Früz) -1,538 locations; \$20,000. \$40,000 franchise fee

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Helping kids curb learning blues

• Providing creative options can help children love to learn

Regardless of what time of the school year it is, it can often be difficult to get kids excited about ed-

Help for kids

More information on learning tools to help children of all ages can be found online at leapfrog.ca. ucation. Despite the urge to insist children focus primarily on homework, it is important to make sure they are given creative options to ensure they continue to have fun throughout the learning process, or the lustre of learning can be lost.

"I like to remind parents that it is really important to make sure that learning remains interest-



ing and exciting throughout the year," says author and parenting expert Kathy Buckworth. "This will help to eliminate challenges during nightly homework time and ensure a lifelong love of learning."

Buckworth recom-

mends looking for learning products such as Leapfrog's Tag reading system, which is unique in the marketplace. Tag is more appropriate for children ages four to eight and really offers an experience that each child can make their own, whereas

Tag Junior allows younger children, ages two to four, to develop an early love of reading.

Leapfrog not only helps children love to learn, but also helps parents understand their children's learning through the online Learning Path. Parents can hook most of Leapfrog's products into the free Learning Path service, which lets parents know about what their kids are learning and helps them gauge their learning progression

NEWS CANADA



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Excursions in education

Many years ago, Dr. Robert Klose was giving a lecture on the development of new structures within species. A student asked: "I saw a picture once of a woman with three legs in a porno magazine. Is that evolution?"

And he wasn't kidding.
"That, to me, was a
metaphor for a kind of disconnect between science
and student perception of
what science is," says Klose.
In The Three-Legged
Woman and Other Excur-

In The Three-Legged Woman and Other Excursions in Teaching, the Christian Science Monitor columnist tackles the subject closest to his heart: teaching. Since 1986, Klose has taught biology at University College of Bangor, an open-admissions college.

"Books on teaching are often written at the expense of the student. I wanted to create something



more sympathetic, but I didn't want to give students a bye on a lot of things that are real problems — especially in an open-admissions environment," he explains. In 40 short, anecdotal essays, Klose illustrates the redemptive nature of education.

"In many ways, profes-

Open admissions

Klose on open admissions versus closed.

"Open admissions is a real double-edged sword. The upside is that it gives students a chance to prove they can do college-level work. The downside is that some students have a very hard time understanding why they failed the test."

sors and students are speaking different languages. Students are often asking me questions not because they didn't understand the concepts, but because they didn't understand the ordinary English I was using. It's my job to give those students a meaningful biology experience, and I do it with great joy." • METRO

News in brief

Canada seeks more Saudi med students

FOREIGN The federal government plans to boost its efforts to attract Saudi health-sciences and medical students with an agreement in health care between Canada and Saudi Arabia.

The memorandum of understanding will offer opportunities for Saudi physicians and health-care personnel to receive further training in their fields in Canada. There are over 10,000 Saudi government-sponsored students studying in Canada,

including 800 Saudi doctors and medical students pursuing graduate studies in Canadian hospitals and universities.

Canada's ambassador to Saudi Arabia announced last month that medical examinations will no longer be required for most Saudi citizens, including students, who plan to stay in Canada for over six months. • METRO

Sizing up the classroom

Smaller classes are not always cost-effective → Parents should review teaching, learning practices

Smaller classes are popular with parents and teachers; however, because reducing class size is a very expensive undertaking, running into hundreds of millions of dollars each year in a large province, it is important to compare this strategy with other alternatives for improving student outcomes.

Many studies have been done on the impact of class size on teaching practices and on student outcomes. Although this research inevitably contains some conflicting findings, there is a significant agreement on some major points:

more details

 More information on class sizes reduction can be found at cea-ace.ca.

- Smaller classes in primary grades have been linked with somewhat better student outcomes, but the evidence is much weaker above the primary level.
- Smaller classes may have the greatest positive impact on students with the greatest educational needs.
- Academic gains for students from smaller classes depend on changes in teaching practices, but smaller classes alone do not necessarily lead to changed teaching. Teachers need ongoing support to implement new approaches for smaller class-
- Fewer children mean more space for classroom activities and may reduce behavioural management issues.



• Changing class size across a whole system is challenging. Teachers need to change what they do, more teachers are needed, more split grade classes may result (though there is no evidence that

split grades are harmful to students) and more classrooms are needed.

Evidence to date suggests that smaller classes across an entire system are probably not the most cost-effective way to improve

student outcomes when compared with, for example, investing the same money in improving teaching skills. However, the fact that both teachers and parents support smaller classes provides another kind of value.

For parents, it is important to know the size of classes in your school but, even more, to understand the teaching and learning practices being used.

NEWS CANADA

MacEwan

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Sports in brief



The NFL will begin suspending players for dangerous and flagrant hits, starting with this week's games, and in the meantime fined three players yesterday for their actions last weekend.

Pittsburgh Steel-er James Harrison was docked \$75,000 US, while the New England Patriots' Brandon Meriweather and the Atlanta Falcons' Dunta Robinson will lose \$50,000 each.

NFL spokesman Greg Aiello said the league wanted to give players fair warning before it begins suspensions for violent hits

THE ASSOCIATED PRESS





Rangers take commanding lead over Yankees Bengie Molina's long three-run drive off A.J. Burnett put Texas ahead in the sixth inning, Josh Hamilton added a pair of solo homers to raise his total to four in four games, and the Rangers battered the New York Yankees 10-3 last night for a 3-1 lead in the AL championship series. On a night of disputed homers, Texas

"Hall will get his

away, but this is the

reality for the non-

left no doubt with its long drives. The victory put the Rangers one win away from their first World Series. It was a costly loss, too, for the defending World Series champion Yankees. All-star first baseman Mark Teixeira limped off in the fifth inning with a strained right hamstring. THE ASSOCIATED PRESS

NUMBERS NOT YET AN ISSUE FOR OILERS



When the years have flown by and the career numbers are beginning to plump up, Oilers fans will still have that opening image of Taylor Hall's Edmonton debut to look back on.

pecifically, that of No. 4 blowing by Calgary Flames defender Jay Bouwmeester en route to a nice scoring chance in what turned out to be a 4-0 victory to begin the season. Never mind that numbers. They may it was fellow rookie Jordan Eberle's shorthanded goal that brought fans out of their seats, or that Hall's other freshman counterpart, Magnus Paajarvi, would tally an NHL goal before 2010's first overall draft choice later in the month.

Hall will get his numbers. They may not nowadays." be sky-high right away, but this is the reality for the non-Crosbys or Ovechkins nowadays. Steven Stamkos put up 46 points as a rook ie, then leapt to 95 as a sophomore. John Tavares, one vear behind Stamkos, had a solid 54-point rookie season but is off to a better pace already, despite missing time with a concussion early on.

Sure, there have been warnings about Hall's shift lengths, something he will have to adjust to now that he's no longer "the Man" as he was in junior hockey. But this is an easily remedied situation for a young

man who knows what it takes to win.

As a whole, in fact, the Oilers should not be expected to charge up the standings this season. Youth is a gift this time around and with Shawn Horcoff taking the captain's C from the departed Ethan Moreau, the

team has an entirely new face. Looking at the elite franchises in the NHL right now, those known for their not be sky-high right dazzling young stars never went straight to the top.

Sidney Crosby missed the playoffs in his first season and the Penguins were Crosbys or Ovechkins bounced in five games by Ottawa the next time around. Alex Övechkin didn't see post-season hockey until his third NHL campaign and his Capitals still haven't seen a conference final.

Even Jonathan Toews and Patrick Kane had to wait a year before the Hawks became a contender. In Edmonton, the building blocks are final-

Numbers aren't something to worry about just yet.



Cain, Giants shut down Phillies

Cody Ross came through with another key hit this post-season, Matt Cain dazzled to outduel Cole Hamels and the San Francisco Giants beat the Philadelphia Phillies 3-0 yesterday to take a 2-1 lead in the NL championship series.

Ross hit an RBI single in the fourth inning to break a scoreless tie and fellow play off first-timer Aubrey Huff



followed with a run-scoring single. The Giants grabbed the edge in their best-ofseven series against the twotime defending NL champiwith two more games in their home ballpark. On a beautiful day in the Bay Area, the Giants de-livered back home in front of 43,320 towel-waving fans at AT&T Park.

Game 4 is tonight, with Madison Bumgarner starting for the Giants against

Joe Blanton. THE ASSOCIATED PRESS

EASTERN CONFERENCE

	GP	VV	L	OIL	SL	GF	GA	Pts	Home	Away	Last 10	St
d-Toronto	5	4	0	1	0	17	11	9	2-0-1-0	2-0-0-0	4-0-1-0	L
d-Tampa Bay	5	4	1	0	0	17	18	8	2-0-0-0	2-1-0-0	4-1-0-0	W
d-NY Islanders	6	3	1	1	1	20	17	8	2-0-0-1	1-1-1-0	3-1-1-1	W
Washington	6	4	2	0	0	18	14	8	3-1-0-0	1-1-0-0	4-2-0-0	L
Pittsburgh	7	4	3	0	0	23	16	8	2-3-0-0	2-0-0-0	4-3-0-0	W
Montreal	5	3	1	1	0	14	13	7	1-0-1-0	2-1-0-0	3-1-1-0	W
Boston	4	3	1	0	0	12	7	6	0-1-0-0	3-0-0-0	3-1-0-0	W
Atlanta	5	3	2	0	0	17	16	6	1-0-0-0	2-2-0-0	3-2-0-0	W
Philadelphia	5	2	2	1	0	11	14	5	1-2-0-0	1-0-1-0	2-2-1-0	Į
Florida	4	2	2	0	0	12	5	4	1-0-0-0	1-2-0-0	2-2-0-0	W
Carolina	4	2	2	0	0	9	12	4	1-0-0-0	1-2-0-0	2-2-0-0	L
NY Rangers	4	1	2	1	0	14	16	3	0-1-1-0	1-1-0-0	1-2-1-0	Į
Buffalo	6	1	4	1	0	12	18	3	0-3-1-0	1-1-0-0	1-4-1-0	L
Ottawa	6	1	4	1	0	12	21	3	1-1-0-0	0-3-1-0	1-4-1-0	L
New Jersey	6	1	4	1	0	10	21	3	0-3-1-0	1-1-0-0	1-4-1-0	Į
MIECTEDAL CO	MIEER		-									

WESTERN CONFERENCE W L OTL SL GF GA Pts

d-Chicago	7	4	2	1	0	23	20	9	2-2-0-0	2-0-1-0	4-2-1-0	W:
d-Dallas	5	4	1	0	0	20	15	8	2-0-0-0	2-1-0-0	4-1-0-0	L
d-Colorado	6	4	2	0	0	19	19	8	1-0-0-0	3-2-0-0	4-2-0-0	W.
Nashville	5	3	0	2	0	13	10	8	2-0-2-0	1-0-0-0	3-0-2-0	L
Detroit	5	3	1	0	1	14	12	7	1-0-0-1	2-1-0-0	3-1-0-1	W.
Los Angeles	4	3	1	0	0	10	6	6	2-0-0-0	1-1-0-0	3-1-0-0	W
Calgary	5	3	2	0	0	9	11	6	2-1-0-0	1-1-0-0	3-2-0-0	W
St. Louis	5	2	1	1	1	14	12	6	2-0-0-0	0-1-1-1	2-1-1-1	Li
Minnesota	5	2	2	0	1	16	13	5	2-2-0-0	0-0-0-1	2-2-0-1	W.
Vancouver	6	2	3	0	1	14	18	5	2-0-0-1	0-3-0-0	2-3-0-1	L
Anaheim	6	2	3	0	1	13	23	5	2-0-0-1	0-3-0-0	2-3-0-1	W.
Edmonton	4	2	2	0	0	12	11	4	2-0-0-0	0-2-0-0	2-2-0-0	L
Columbus	4	2	2	0	0	10	12	4	1-1-0-0	1-1-0-0	2-2-0-0	W.
San Jose	3	1	1	1	0	7	9	3	1-1-0-0	0-0-1-0	1-1-1-0	L
Phoenix	4	1	2	1	0	8	10	3	0-1-1-0	1-1-0-0	1-2-1-0	L

 $d-\text{division leaders ranked }1\text{-}2\text{-}3\text{ regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. \\$

Last night's results Boston 3 Washington 1 Calgary 1 Nashville 0 (OT) Minnesota 6 Vancouver 2 Carolina at San Jose Monday's results N.Y. Islanders 2 Toronto 1 (OT)

Tonight's games Buffalo at Atlanta, 7 p.m. Anaheim at Columbus, 7 p.m. Vancouver at Chicago, 9 p.m. Pittsburgh 5 Ottawa 2 Carolina at Los Angeles, 10:30 p.m. FLAMES 1. PREDATORS O (OT)

First Period — No Scoring.

Penalty — Hagman Cal (high-sticking) 3:52.

Second Period — No Scoring.

Penalties — Jackman Cal (tripping) 2:51, Sullivan Nash (hooking) 7:10, Bouwmeester Cal (interference) 12:30, Nashville bench (too many men; served by Dumont) 14:23, White Cal (tripping)

Third Period — No Scoring Penalty — GI ence) 14:12. – Glencross Cal (goaltender interfer-

1. Calgary, R.Bourque 1 (Morrison, White) 2:10

Penalties — None.

Shots Calgary 12 6 14 3—35 Nashville 12 12 10 0—34 **Goal** — Calgary: Kiprusoff (W,3-2-0); Nashville: Rinne (L,1-0-1). Power plays (goals-chances) — Calgary: 0-2; Nashville: 0-5. Referees — Marc Joannette, Gord Dwyer. Linesmen — Dan Schachte, Jonny Murray. Attendance — 15,684 (17,113) at Nashville.

WILD 6, CANUCKS 2

1. Vancouver, D.Sedin 5 (H.Sedin, Edler) 0:58 Minnesota, Zidlicky 1 (Cullen, Miettinen) 6:04 (pp)

3. Minnesota, Latendresse 2 (Falk, Havlat) 7:20 A. Minnesota, Clutterbuck 2 (Latendresse, Havlat) 18:10 (pp)

Penalties — Clutterbuck Min (interference) 2:05,

Penalties — Clutterbuck Min (Interference) 20% Ehrhoff Vr. (slashing) 529, Zanon Min (Interference) 7:48, Rypien Vcr, Staubitz Min (fighting) 10:52, Samuelsson Vcr (cross-checking) 16:30. Second Period 5. Minnesota, Madden 1 (Burns, Schultz) 7:54.

Minnesota, Brunette 2 (Zidlicky, Miettinen) 12:21 7. Minnesota, Cullen 3 (Koivu, Zidlicky) 13:46 (pp) Penalties — Nystrom Min (delay of game) 8:51, Rypien Vcr (double roughing, misconduct), Staubitz Min (roughing) 13:38, Cullen Min (hooking) 15:06. **Third Period**

Chicago 3 St. Louis 2 (OT) Colorado 3 N.Y. Rangers 1 Tampa Bay 5 Dallas 4

8. Vancouver, D.Sedin 6 (H.Sedin, Samuelsson) 18:31 (pp) – Cullen Min (hooking) 2:04, Schultz

Min (high-sticking) 18:10. Shots

7 11 9 -27 11 7 6 -24 Goal (shots-saves) - Vancouver: Luongo (L,1-3-1)(18-12), C.Schneider (start third)(6-6); Minnesota: Backstrom (W.2-2-1). Power plays (goalshesota: Backstoni (W),2-2-1). Power plays (goals-chances) — Vancouver: 1-6; Minnesota: 3-3. Referees — Chris Lee, Mike Leggo. Linesmen — Don Henderson, Michel Cormier. Attendance — 16,806 (18,064) at St. Paul, Minn.

SCORING LEADERS

Hossa, Chi	7	4	11
B.Richards, Dal	2	8	10
Stamkos, TB	5	4	9
Sharp, Chi	6	2	8
Crosby, Pgh	4	4	8
Ovechkin, Wash	4	4	8
Getzlaf, Ana	2	6	8
Kopecky, Chi	1	7	8
Liles, Col	0	8	7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7
Kessel, Tor	5	2	- 7
C.Stewart, Col	5	2	- 7
Letestu, Pgh	4	3	- 7
D.Sedin, Vcr	4	3	- 7
Goligoski, Pgh	3	4	7
Neal, Dal	3	4	7
Martin, Pgh	1	6	7
Ribeiro, Dal	0	7	- 7
H.Sedin, Vcr	0	7	7
MacArthur, Tor	5	1	6
Morrow, Dal	5	1	6
Roy, Buf	5	1	(
Bailey, NYI	3	3	(
Comeau, NYI	3	3	(
Perry, Ana	3	3	6
Not including last night's ga	mes		

MLB

2010 POST-SEASON

LEAGUE CHAMPIONSHIP SERIES (BEST-OF-7) (All times Eastern) AMERICAN I FAGUE AMERICAN LEAGUE
Texas (W) vs. N.Y. Yankees (WC)
(Texas leads series 3-1)
Last night's result
Texas 10 N.Y. Yankees 3
Monday's result

Texas 8 N.Y. Yankees 0

Today's game Texas at N.Y. Yankees, 4:07 p.m. Friday's game -N.Y. Yankees at Texas, 8:07 p.m. Saturday's game

c-N.Y. Yankees at Texas, 8:07 p.m.

NATIONAL LEAGUE
Philadelphia (E) vs. San Francisco (W)
(San Francisco leads series 2-1) Yesterday's result San Francisco 3 Philadelphia 0

Tonight's game Philadelphia at San Francisco, 7:57 p.m. Tomorrow's game

Philadelphia at San Francisco, 7:57 p.m. Saturday's game x-San Francisco at Philadelphia, 3:57 or 7:57 p.m.

Sunday's game x-San Francisco at Philadelphia, 7:57 p.m.

GIANTS 3 PHILLIES O

	-,	•						
Philadelphia	ab	r	h	bi	San Francisco	ab	r	h bi
Victorn cf	2	0	0	0	Renteri ss	4	1	1 0
Utley 2b	4	0	0	0	FSnchz 2b	3	0	11
Polanc 3b	4	0	0	0	Posey c	4	0	0 0
Howard 1b	4	0	1	0	Burrell If	2	1	0 0
Werth rf	3	0	0	0	Schrhlt rf	0	0	0 0
Rollins ss	4	0	1	0	C.Ross rf-If	3	0	11
Ibanez If	4	0	0	0	A.Huff1b	3	0	11
C.Ruiz c	2	0	1	0	Uribe 3b	3	0	0 0
Hamels p	2	0	0	0	Rownd cf	3	1	1 0
Gload ph	0	0	0	0	JaLopz p	0	0	0 0
Contrrs p	0	0	0	0	BrWlsn p	0	0	0 0
M.Cain p	2	0	0	0				
ATorrs ph-cf	1	0	0	0				
Totals	29	0	3	0	Totals 28 3			
Philadelphia					000 000	000	_)

San Francisco 000 210 00x -3 DP—San Francisco 1. LOB—Philadelphia 7, San Francisco 3. 2B-Rowand (1). SB-Victorino

S0	
8	
1	
5	
1	
1	
	8 1

HBP-by M.Cain (Victorino, C.Ruiz). Umpires—Home, Ted Barrett; First, Wally Bell; Second, Jeff Nelson; Third, Tom Hallion; Right, Dan Jassogna: Left, Derryl Cousins

T—2:39. A—43.320 (41.915) at San Francisco

NBA

PRF-SFASON

Last night's results At Cincinnati Cleveland 111 Philadelphia 95 At Toledo, Ohio Detroit 98 Washington 92 New York 117 New Jersey 111 Indiana 128 Minnesota 124 (017)

Denver 130 Oklahoma City 115 At Anaheim, Calif. Utah vs. L.A. Lakers Golden State at Phoenix

Sacramento at L.A. Clippers Sacramento at L.A. Clippers
Monday's results
Charlotte 102 Miami 96
Golden State 100 Portland 78
Memphis 96 New Orleans 91
Oklahoma City 111 San Antonio 102
Clands 102 Miambr 37 Orlando 102 Atlanta 73

TRANSACTIONS

BASEBALL

NATIONAL LEAGUE

NATIONAL LEAGUE
ATLANTA BRAVES—Released OF Melky Cabrera and RHP Takashi Saito.
CHICAGO CUBS—Agreed to terms with manager Mike Quade on a two-year contract.
LOS ANGELES DODGERS—Signed LHP Ted Lily to a three-year contract.
NEW YORK METS—Removed RHP Francisco Rodriguez from the disqualified list.
WASHINGTON NATIONALS—Promoted Mike Rizzo to executive vice president of baseball operations and general manager and signed him to a five-year contract.

BASKETBALL

NEW JERSEY NETS—Exercised contract op-tions on C Brook Lopez and G-F Terrence Williams for the 2011-12 season. SAN ANTONIO SPURS-Waived F James Gist.

FOOTBALL

LEAGUE OFFICE—Fined Pittsburgh LB James Harrison \$75,000, New England S Brandon
Meriweather and Atlanta CB Dunta Robinson
\$50,000 each for flagrant violations of player safety rules during Oct. 17 games.
CHICAGO BEARS—Released DE Charles Grant. Signed DE Barry Turner from the practice

squag. DENVER BRONCOS—Signed LB Diyral Briggs

DENVER BRONCOS—Signed LB Diyral Briggs from the practice squad. Placed WR Matthew Willis on injured reserve. Signed WR Eron Riley to the practice squad.

HOUSTON TEXANS—Released OT Ephraim Salaam. Walved LB David Nixon. JACKSONVILLE JAGUARS—Re-signed QB Todd Bouman. Released 5 Gerald Alexander. MIAMI DOLPHINS—Signed FB beon Anderson. NEW YORK GIANTS—Signed WR Samuel Giguere to the practice squad. Terminated the contract of OL Dennis Landolt from the practice squad.

Contract of October States and Section 1997.

SEATILE SEAHAWKS—Signed DE/LB Chris McCoy to the practice squad. Released DE James Wyche from practice squad.

TAMPA BAY BUCKANEERS—Acquired DE Alex

**Long and a 2011 undisclosed draft pick from

Magee and a 2011 undisclosed draft pick from Kansas City for a 2011 undisclosed draft pick. Placed RB Kareem Huggins on injured reserve

HOCKEY

ANAHEIM DUCKS-Recalled D Danny Syvret

ATMATERIN DOCKS—Rectained of Dailiny Syviet from Syracuse (AHL). ATLANTA THRASHERS—Assigned D Boris Valabik to Chicago (AHL). Re-assigned RW Ian McKenzie from Chicago (AHL) to Gwinnett

STOND BRUINS—Recalled G Adam Courchaine from Reading (ECHL). Assigned 6 Matt Dalton from Providence (AHL) to Reading. CALGARY FLAMES—Calaimed D Brendan Mikkelson of Hawivers from Anaheim (NHL). Assigned D T.J. Brodie to Abbotsford (AHL). COLUMBUS BLUE JACKETS—Placed D Mike Commodore on injuried reserve, retroactive to Oct. 9. Recalled D Nick Holden from Springfield (AHL). DALLAS STARS—Assigned C Aaron Gagnon to Texas (AHL).

PHOENIX COYOTES—Placed C Martin Hanzal on the injured reserve list. Recalled C Andrew Ebbett from San Antonio (AHL). ROSTON BRITINS—Recalled G Adam Cour

LACROSSE

EDMONTON RUSH—Signed T Devan Wray to a

SOCCER

PORTLAND TIMBERS—Signed G Steve Cronin F Bright Dike, F Eddie Joh

SOCCER

All Times Fastern **FASTERN CONFERENCE**

	GP	W	L	Т	GF	GA	P
x-New York		14	9	6	36	29	48
x-Columbus	29	13	8	8	37	33	47
Kansas City			13	6	32	34	36
Chicago	29		12	9	33	37	33
New England	29	9	15	5	32	48	32
Toronto FC	29		13	8	30	39	32
Philadelphia	29	8	14	7	34	46	31
D.C. United	29	6	19	4	19	44	22

WESTERN CONFERENCE

	GP	W	L	Т	GF	GΑ	Pt
x-Los Angeles	29	17	7	5	42	25	56
x-Real Salt Lake	29	15	4	10	43	18	55
x-FC Dallas	29	12		14	41	26	50
x-Seattle	29	14	9	6	38	33	48
x-Colorado	29	12	8		42	30	45
x-San Jose	28	12	9	7	30	29	43
Houston	29	8	15	6	38	48	30
Chivas USA	28	8	16	4	30	38	28

Note: Three points for a win, one for a tie.
x — clinched playoff berth.
Tonight's game
Chivas USA at San Jose, 10 p.m.
Tomorrow's game Tomorrow's game New England at New York, 7:30 p.m.

EUROPEAN CHAMPIONS LEAGUE

Yesterday's results AS Roma 1 Basel 3 Bayern Munich 3 Cluj 2 Marseille 1 Zilina 0 Spartak Moscow 0 Chelsea 2 Ajax 2 Auxerre 1 Real Madrid 2 AC Milan 0 Arsenal 5 Shakhtar Donetsk 1 Braga 2 Partizan Belgrade 0

CONCACAF CHAMPIONS LEAGUE

Last night's results Toronto (MLS) 1 Arabe Unido (Panama) 0 Santos (Mexico) 6 Municipal (Guatemala) 1

CFL

WEEK 17

EAST DIVISION

	GP	W	L	Т	PF PA	Pt
/-Montreal	15	11	4	0	477 375	22
c-Hamilton	15	8	7	0	396 369	16
Toronto	15	7	8	0	286 393	14
Ninnipeg	15	4	11	0	411 407	8

WEST DIVISION

	GP	w	L	т	PF PA	Р
x-Calgary	15	11	4	0	505 367	2
x-Saskatchewan	15	9	6	0	425 403	1
B.C.	15	5	10	0	384 397	1
Edmonton	15	5	10	0	304 477	1
v elinehod play	off b	art	h		elinehod	

Friday's games Montreal at Hamilton, 7 p.m.

B.C. at Calgary, 10 p.m. Saturday's games Toronto at Winnipeg, 4 p.m. Saskatchewan at Edmonton, 7 p.m.

SCORING LEADERS TD C FG

Maver, Cal	0	56	30	3	149
McCallum, BC	0	26	35	1	132
Duval, Mtl	0	37	30	4	13:
DeAngelis, Ham	0	35	29	3	125
Congi, Sask	0	41	26	2	12:
Prefontaine, Edm-To	r 0	25	22	2	93
Cates, Sask	15	0	0	0	90
Shaw, Tor	0	18	19	6	83
T.Edwards, Wpg	12	0	0	0	72
Palardy, Ham-Wpg	0	18	15	7	70
Bryant, Cal	11	0	0	0	66
x-Green, MtI	10	2	0	0	62
x-Cobb, Ham	9	1	0	0	56
Robertson, BC	9	0	0	0	54
Bruce, Ham	8	0	0	0	48
Serna, Wpg	0	20	8	4	48
x-Richardson, Mtl	7	2	0	0	44
Lewis, Cal	7	0	0	0	42
McDaniel, Ham	7	0	0	0	42
x - scored two-po	oint	conve	rt		

AMERICAN CONFERENCE

EASI						
N.Y. Jets New England Miami Buffalo	W 5 4 3 0	1 1 2 5	T 0 0 0	Pct .833 .800 .600 .000	PF 159 154 89 87	PA 101 116 112 161
SOUTH						
Houston Indianapolis Tennessee Jacksonville	4 4 4 3	2 2 2 3	0 0 0	.667 .667 .667	153 163 162 110	167 125 98 167
NORTH						
Pittsburgh Baltimore Cincinnati Cleveland	4 4 2 1	1 2 3 5	0 0 0	.800 .667 .400 .167	114 112 100 88	60 95 102 125
WEST						
Kansas City Oakland Denver San Diego	3 2 2 2	2 4 4 4	0 0 0	.600 .333 .333 .333	108 120 124 157	92 151 140 126

NATIONAL CONFERENCE

W 4 4 3	2 2 3	T 0 0	.667 .667 .500	PF 134 153 113	11 12 11 11
1	4	U	.200	102	11
4 4 3 0	2 2 2 5	0 0 0	.667 .667 .600	130 130 80 52	10 10 11 11
4 3 2 1	2 3 3 5	0 0 0	.667 .500 .400 .167	112 139 87 146	9 11 8 14
3 3 3	2 2 3 5	0 0 0	.600 .600 .500 .167	88 98 103 93	13 9 11 13
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Byes: Arizona, Buffalo, Carolina, Cincinnati

Monday's result Tennessee 30 Jacksonville 3

WEEK SEVEN

WEEK EVEN

Sunday's games

Buffalo at Baltimore, 1 p.m.

Washington at Chicago, 1 p.m.

Cincinnati at Atlanta, 1 p.m.

Philadelphia at Tennessee, 1 p.m. Pittsburgh at Miami, 1 p.m. St. Louis at Tampa Bay, 1 p.m. Cleveland at New Orleans, 1 p.m. Cleveland at New Orleans, 1 p.m. Jacksonville at Kansas City, 1 p.m. San Francisco at Carolina, 1 p.m. Arizona at Seattle, 4:05 p.m. Oakland at Denvey, 4:15 p.m. New England at San Diego, 4:15 p.m. Minnesota at Green Bay, 8:20 p.m. Monday, Oct. 25 N.Y. Giants at Dallas, 8:30 p.m.

TENNIS

ATP IF STOCKHOLM OPEN

At Stockholm, Sweder Singles — First Round

Florian Mayer, Germany, def. Feliciano Lopez (6), Spain, 6-2, 6-2. James Blake, U.S., def. Thomaz Bellucci (7),

Brazil, 3-6, 6-4, 6-4. Ivan Dodig, Croatia, def. Tommy Robredo (8), Spain, 6-3, 6-2. Taylor Dent, U.S., def. Michal Przysiezny,

Poland, 6-2, retired.

Benjamin Becker, Germany, def. Thomas Schoorel, Netherlands, 6-3, 6-0.
Arnaud Clement, France, def. Olivier Rochus, Belgium, 6-0, 6-4. Robin Haase, Netherlands, def. Filip Proic,

Sweden, 7-6 (4), 3-6, 6-4,

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Drive in brief



It's already exciting enough imagining the Audi A1 on the road, but you could be driving an electric version in the next few years.

Audi is testing 20 prototypes of an allelectric Audi A1 with a top speed of 81mph, on the roads of Munich by mid-2011 and 200 powering stations delivering "green electricity" will be built. It won't be the first Audi EV into production, that will be the sports car concept first shown at the 2009 Frankfurt Show, set for a late-2012 launch. © METRO



Subaru adds more oomph to the WRX while keeping up excellent handling ◆ A sportier take on the standard family ride ◆ Subaru blurs line between STi and standard WRX



Subaru's WRX **TEVS UP**family sedan market



For 2011, Subaru has given its sporty WRX a visual and dynamic shot in the arm, bringing it closer in line with its bigger bro, the 305 hp WRX STI.

Since getting bumped to 265 hp in 2009, the all-wheel-drive WRX has been nothing short of an under-stated rocket, but its underpinnings have erred on the soft side. Now both four-door sedan (\$32,495) and

five-door hatch (\$33,395) get the STi's wide-body treatment. This goes a long way in kicking the WRX up a few rungs on the look-atme ladder. About the only people not thrilled with this would be current STi owners — just ask my friend Steve.

A wider track for both front and rear wheels helps fill the bulging haunches as do wider 17-inch performance tires — up from 225 mm to 235 mm. Factor in stiffer rear subframe bushings and the 2011 WRX is a

sharper road tool. The chassis responds quickly to inputs from the nicely weighted steering, there is less body roll than before yet the ride remains compliant. The symmetrical all-wheel-drive is set to a 50:50 front to rear split — Subaru saves the fancy adjustable bias for the STi.

The WRX comes only as a five-speed manual. Purists rejoice. It's a good one too, featuring positive shifts and progressive clutch take up. Yes, a six-speed would be nice (again, saved for the

STi) but this flat-four has a pretty broad torque spectrum (244 lb.-ft. at 4000 r.p.m.) so you're rarely caught flat footed. Fans of Subaru's off-beat exhaust growl will be happy as this audio signature is front and centre when the Nike hits the firewall. And with a zero-100 km/h time of 5.4 seconds, this puppy flies.

onds, this puppy flies.

The 2011 WRX gets revised interior trim, standard Bluetooth with steering wheel controls, USB media interface, freshened gauge cluster, new 17-

inch wheels, one touch up/down driver's window and quad tailpipes. My tester featured the \$3000 Limited Package that adds leather, fog lights, power sunroof and Sirius satellite radio with a 3-month subscription. In this time of the homogenized family sedan, the 2011 Subaru WRX makes for an intriguing option. Well priced, comfortable, quite roomy and hugely entertaining, this all-wheel-drive sedan comes fully equipped with buckets of character.



When our engineers were asked to refine, they redefined.

Introducing all four models in the revolutionary new Cayenne family – the 2011 Cayenne, Cayenne S, Cayenne Turbo, and the remarkable Cayenne S Hybrid. For our engineers, nothing was off-limits except the spirit behind the Porsche crest. Lightweight construction cuts weight by up to 185 kg. An auto start/stop function, Direct Fuel Injection (DFI), and a new 8-speed Tip-tronic S transmission reduce fuel consumption by up to 23% (NEDC*), while raising Cayenne performance to remarkalbe new heights. This is what happens when engineers have free reign.

The all-new 2011 Cayenne Models

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HYBRIDS: LOOKING FOR A FEW MORE BUYERS



ybrids have arrived, yes?
Well, me thinks "yes" and "no."
Hybrid technology has certainly arrived.

They have proven to be more reliable and durable than originally perceived. And the technology

And the technology keeps getting better. Consider the just-introduced 2011 Hyundai Sonata Hybrid, which flaunts the world's first automotive application of a lithium polymer battery pack (developed with its battery partner, and fellow Korean company, LG Chem).

Their advantages over the nickel metal hydride battery packs in other midsize hybrids are many: more efficient; more compact; lighter; better cooling properties (requiring only air cooling system, instead of heavier liquid cooling).

Unlike nickel metal hydride cells, or even lithium ion cells used in computers, which are cylindrical in shape, lithium polymer cells have a flat rectangle shape like a thin stack of paper. Seventy two of these rectangle cells are wired in series to produce a 1.4 kilowatt-hour battery back weighing less than 100 pounds.

And I'm sure you've seen the advertising campaign for the Sonata Hybrid, which is on current and heavy rotation on television.

It makes much of the fact that the commercial was made with a "zero carbon footprint."

The Sonata Hybrid doesn't arrive in Canada until January — still a few months away.

How many of these technology and fuel-efficient wonders does Hyundai expect to sell each in 2011, and every year after that? About 300 to 500.

That seems like a small number, eh? But it corresponds to how hybrids variants currently fare in the overall midsize segment.

Currently Camry, Fusion, Malibu, and Altima, are all available with hybrid versions, where they comprise only three per cent of overall midsize sales. (Four-cylinder midsizers dominate with a 71 per cent share, while six-cylinder midsizers account for the remaining 26 per cent).

The line on why they remain a niche product is that fuel prices are too low — that the rationale for purchase is based solely on calculations on how a hybrid's higher initial costs will be offset by its lower fuel costs over the ownership period.

ownership period.
What this says to me is that buyers will always pay a premium for style, power, luxury, brand, etc., but not, apparently,





for the ability make a smaller carbon footprint. At least not yet. Also at work, I think, are fears about any vehicle with an expensive-to-

replace battery.
Whatever the case, hybrids are still lurking in

that middle ground, between "glad to meet you" and "let's do lunch."



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Maintenance key to RVs

Recreational vehicles are great fun but keeping them in top shape will keep the fun going on much longer

Basic routine maintenance is an important part of owning a recreational vehicle (RV) and will not only extend the vehicle's life. but will help prevent breakdowns and collisions.

Whether you sail a boat, drive a camper, or off-road with ATV four wheelers this summer, here are a few tips to keep all your RVs safe this season:

Engine Change the oil regularly and refill all fluids. Recreational vehicles rack up a lot more mileage than the average car uses daily.

Battery Check that the battery is properly charged and has correct fluid levels. Keep your battery clean, as dampness and dirt can also drain your battery.

Tire Pressure

Proper pressure tire should always be checked and adjusted before you begin riding. If the tire pressure varies between tires, you risk the danger of losing control at a high rate of speed.

Routine Clean

Routine cleaning will go a long way towards counteracting the long-term effects of environmental wear and tear.

Check List

At the beginning of each season, cover all the finer maintenance points with a checklist

"Aside from proper maintenance, the best protection for your RV is an insurance policy specific to the vehicle. RV policies



are more affordable than most people realize pecially when combined with an existing auto or home policy," states Stefanie Hay, insurance and claims expert with Aviva Canada.

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4MATIC is keeping things simple

♠ Mercedes-Benz's all-wheel system uses the brains of the car ♠ Response speed increased



DRIVING FORCE

JIL McINTOSH

DRIVE@METRONEWS.CA

Systems that send power to all four wheels certainly aren't new, but in recent years they've made considerable progress in technology. Such is the case with the latest version of MercedesBenz's 4MATIC all-wheel system, first seen in 2007 on the S-Class, and now available on the C-, E- and CL-Class.

"What makes this generation special, versus what else is out there, is the simplicity of the system," says Christopher Goczan, product planning manager for Mercedes-Benz Canada. "It does away with the traditional differential locks, and uses the brains of the car to move torque around."

The 4MATIC system works with the car's traction and electronic stability control systems, monitoring the wheels to determine which ones are getting the most traction. The system sends 55 per cent of torque to the rear axle in normal

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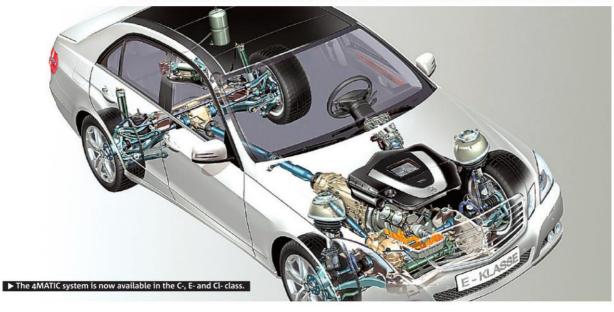


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driving conditions, but if necessary, it can deliver full power to just one wheel in order to help the driver maintain control.

"You're talking about a system that measures in milliseconds," Goczan says. "In that millisecond that it detects you're getting traction again, it will let off. It would never let you lose control of the vehicle."

Detecting within milliseconds makes the 4MAT-IC system faster than a mechanical system, which can have a slight lag between the time it perceives slippage and then reacts to it. It also helps make the Mercedes-Benz system smaller and lighter: it weighs only 70 kg, compared to 120 kg for the older Mercedes system it replaces. Since more weight means more fuel, all-wheel systems tend to get poorer mileage, but the lighter system creates less of a fuel consumption penalty - only about 0.7 L/100 km compared with an equivalent rear-wheeldrive system, Goczan says. Its smaller size also

Its smaller size also means more interior space: unlike many all-wheel systems, which protrude into the floor pan with a resulting loss of foot room for the front-seat passenger, cars equipped with the new 4MATIC system look no different inside than their rearwheel siblings.

Goczan says that with many all-wheel systems, the driver can sometimes feel the system binding. "In tight areas, you can really feel that the driveline is do-ing something different, and it's not feeling natural," he says. "Our approach is that it has to be seamless, and that's the heart of the system. The traction and stability control are monitoring constantly so they can vary the mechanical impulses, and they control them so well that essentially, the driver never knows what's really happening. You don't know how much 4MATIC is doing in rain or snow. It's simplicity in the driving experience.

Learning to drive green

○ Calm drivers found to use less fuel than aggressive ones ○ Accelerating gently, maintain a steady speed

How many of us have ripped through a red light, soared past the slow poke in front of us or hummed along the highway not really concentrating on the conditions around us?

All of us have driven this way at one time or another. These three driving styles — known as aggressive, rushed or average — can be dangerous, expensive and harmful to the environment.

Did you know, though, that there are driving behaviours that could keep you safe, save you money and help the environment?

Natural Resources Canada defines this type of driver as one who is focused on fuel efficiency at all times. Thinking about road safety and saving fuel and money, fuel-efficient drivers are known to accelerate gently, maintain a steady speed, anticipate upcoming traffic, coast to a stop with their foot off the gas (like driving for free) and avoid high speeds.

A study in Europe revealed that calm drivers use significantly less fuel than aggressive drivers who, the study found, consume 39 per cent more fuel in city traffic than calm drivers and only achieve a four per cent savings in time. Also, students who took fuel-efficient driving lessons were shown to save about 25 per cent in fuel.

You could save up to \$500 a year in fuel and cut your harmful greenhouse gas emissions by over 1,000 kilograms a year



just by changing your driving behaviour. Not

convinced? Check out the NRCan website for more informa-

cles.nrcan.gc.ca.



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ways to drive lean and clean

By adopting these five driving behaviours, you can cut back on gas, save money, curb harmful emissions and improve safety on our roads

Be mindful — Seatbelts and car seats revolutionized the way we drive and forever changed the way we think about safety and driving. Nowadays, the buzz is all about fuel efficiency, saving money and the environment. If you have never

driven with fuel efficiency in mind, now is the time to start. Make it a priority and watch your pennies pile up. You could save as much as \$500 a year in fuel costs and cut your carbon dioxide emissions by over 1,000 kilograms.

Become aware of your driving style and modify it accordingly — Are you aggressive, rushed, average or fuel-efficient? Natural Resources Canada identifies these four driving behaviours as significant factors in fuel efficiency and driving. Aggressive drivers focus on speed, rushed drivers focus on saving time, average of the same content of the



age drivers react to changes in traffic whereas fuel-efficient drivers are always mindful of how their driving will affect their fu-

el consumption.

Think before you take public transit? One

bus takes up to 40 cars off the road, saves as much as 70,000 litres of fuel and prevents nine tonnes of air pollutants from being emitted each year. Can you work from home? Telecommuting one day a week cuts the amount of fuel used to go to work by 20 per cent that week. Can you plan your route? Allow for fewer stoplights, intersections and pedestrian traffic.

Avoid unnecessary idling — Some Canadians spend about four per cent of their annual fuel consumption idling their vehicles. In fact, for every 10 minutes of idling

one third of a litre of fuel is wasted for an average vehicle. Experts recommend turning off your engine when you are parked for more than 60 seconds, except in traffic. Also, the best way to warm up your vehicle in cold weather is to run it for two to three minutes and then drive it.

Maintain your vehicle
— Proper tire inflation, reducing extra
weight, removing roof
racks and following the
maintenance schedule in
your vehicles owners'
manual, all help to keep
your fuel consumption in
check.

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○ It's not just the mainstream car more eco-conscious, sports cars taking responsibility

Of all the drivers in the world, the ones that can afford to drive supercars are the ones least likely to be worrying about the price of petrol. However, that doesn't mean that they, or the companies that produce their cars don't have a conscience when it comes to the environment.

It wasn't just the VWs and the Fords of the world that have shown concern for their emissions at the Paris motor show, sports and supercar makers showed that they were looking to reduce their cars' impact on the envi-

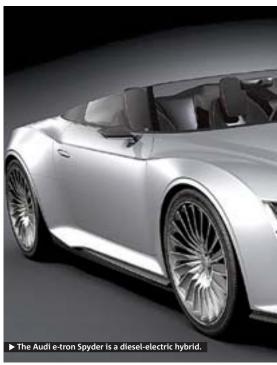
ronment too.

Jaguar showed the CX75, an electric car concept, which has a top speed of 330kph and a 0-100kph of 3.4 seconds. Powered by a hybrid powertrain and an electric engine for each wheel, the car has an electric range

of 110km, which can be extended to a remarkable 900km, thanks to its gas turbine system that can be fuelled by gas, diesel or biofuels.

Lamborghini, not an obvious choice for some-one looking for a low-impact presence on the road, presented its lightest and therefore most eco-friendly car yet, the Sesto Elemento concept. The futuristic model is largely built with ultra-lightweight carbon fibre reinforced plastic, a patented technology that Lamborghini will use on future models. The body is carbon fibre and most other parts are aluminium, so the car weighs just 999kg. With its 570bhp V10 engine it's designed to hit 100kph in just 2.5 seconds.

French carmaker has already shown off the skills of its EV sports car



future of cars is green

manufacturers that are becoming makers are showing that they are for their carbon footprint too.

> "The futuristic model is largely built with ultralightweight carbon fibre reinforced plastic, a patented technology that Lamborghini will use on future models."

> prototype, the Citroen Survolt, at Le Mans. Powered by two electric motors that deliver 300bhp and a range of 200km, it has a top speed of 260kph and gets to 100kph in less than five seconds.

> Meanwhile, the new Audi Quattro concept was eclipsed by a smart new eco concept, the Audi etron Spyder. Powered by an diesel-electric hybrid drivetrain, the car Audi's latest 3.0-litre V6 TDI diesel is boosted by an

electric motor, one on each front wheel. The car has an electric range of 50km, emits just 59g/km and delivers up to 2.21/100km, but can reach 100kph in just 4.4 seconds, with a limited top speed of 250kph.

Meanwhile US-based electric sports car company, Tesla, might have had a low profile at the show, but it doesn't need to shout to make itself heard. Their stealthily silent, super fast sports cars have been a hit, and their technology has been so successful that they've signed a deal with Toyota

to develop EVs.
So, it's good news for the environment, even though, arguably, these cars are the most ecofriendly on the road anyway — most owners keep them in their garage and rarely travel very far in them. • metro





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Suzuki's fun family ride

XL7 offered real off-road capability, size and value
 Should hold up as a solid vehicle for years to come

SECOND GEAR

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Suzuki is a small brand that's huge on fun, recreation and creating some of the most popular machines in the enthusiast off-road community. With a product portfolio including cars, 4x4's and an arsenal of recreational vehicles, the Japanese brand has earned a loyal following of repeat shoppers.

The Suzuki XI.7 was a family-ready 4x4 model that offered reasonable pricing and a rarity in the family SUV marketplace: real-world off-road prowess. Packed with a transfer-case 4x4 system, low-range gearing and a tough body-on-frame con-

The specs

- MODEL 2001 to 2006 Suzu-
- ➤ VEHICLE TYPE 4x4 SUV APPROXIMATE USED PRICE RANGE \$4,000 to

struction, it was ideal for shoppers after top levels of confidence on the road less travelled. Many of XL7's owners say it impressed as an all-around performer that's happy to tow a boat or tackle a trail.

Under the hood, look for a 2.7-liter V6 engine with 170 to 185 horsepower, depending on the year in question. Earlier models in the 2001 to 2006 generation got a five-speed manual transmission as

al transmission as standard, while a four or five-speed automatic was otherwise available or standard depending on the year.

What owners like

Overall value, pricing, the manual-shift transfer case, the availability of a manual transmission and seven-passenger seating were some of the most common praise-points from existing XL7owners. Ride quality, interior comfort, visibility and all-surface traction were highly rated by owners, too.

What owners hate

Common gripes are relatively scarce, and centre around awkward placement of some interior controls and the lack of a rear window release to open it separately of the tailgate. Finally, as with virtually any SUV, most drivers wish for better mileage.

Common issues

Have the underside inspected for signs of excessive rust, scraping, dents or other damaged caused by



careless off-roading. A thorough underbody inspection by a mechanic can also quickly reveal issues with chassis or suspension components, as well as fluid leaks that could indicate larger problems. Ensure the four-wheel drive transfer case system can engage and disengage all 4x4 modes as expected, too.

Use a flashlight to inspect for signs of oil leaking down the front or side of the engine. This may indicate a variety of gasketrelated problems that

could be pricey to fix.
Listen to the engine idle, and remember that any excessive grinding or clicking sounds could be caused by a bad timing chain tensioner, which is another pricey repair. The latter two issues seem to affect earlier XL7 models only, but are still worth checking into into.

Other checks should include the air conditioner, all cabin electronics, all windows and door latches, and the vehicle's tires and brokes

The verdict

End of the day, an affordable used XL7 that passes all pre-purchase inspections should deliver high-capability, high-value and worry-free travels for years to come.

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Crossword

- 1 Mid-June honoree 4 Mid-May honoree 7 Took the trolley
- 8 Was concerned

- 10 Hawkeye 11 Sports venues
- 13 1- and 4-Across usuallv
- 16 Snoop
- 17 All but one in a million?

īψ,

22

...

- 18 Favorite 19 Take out of con-
- text?
- 20 Entreaty
- 21 Prudent
- 23 Armada 25 PBS science show
- 26 Tea time, perhaps
- 27 Lawyers' org.
- 28 Throw
- 30 Winter ailment
- 33 13-Across, initially 36 Graduates
- 37 Man of morals?
- 38 Hits hard
- 39 Heart of the mat-
- 40 Before
- 41 Away from WSW

Down

- 1 Bride's bounty
- 2 Hebrew month 3 Inhabitant
- 4 Polo
- 5 Sandwich treats
- 6 Carte 7 Bellow
- 8 Band of fighters
- 9 Spotted horse

- 12 Winter forecast
- 10 Mischief-maker
- 19 Modern-day evidence
- 20 Apiece
- 21 Deadly snake
- 22 Makes use (of) 23 Lovina
- 24 Suitcases
- 25 Apprehend 26 The end
- 28 Lea bone
- 29 "Blue Sky" Oscar

14 Slithery winner Jessica 15 Greek vowel 30 "Cabaret" director

40

- Bob
 - 31 Swaq 32 Ref

:s

34 "Psych" actor Hill

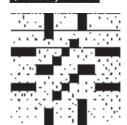
4

23

10

35 Check

J



Sudoku

							1
		2		6			9
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7		8		3		1	
4						9	
3		1		5		7	
	9	4	2	1	8		
		5		9			4
							5
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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	9	5	7	1	6	8	4	3
8	1	6	3	5	4	7	9	2
7	2	3	9	4	1	5	8	6
5	8	9	6	3	7	2	1	4
4	6	1	2	8	5	9	3	7
9	4	8	1	7	2	3	6	5
6	5	7	4	9	3	1	2	8
1	3	2	5	6	8	4	7	9

3 7 4 8 2 9 6 5 1

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

My dearest Kranberry, you are my life and I don't know how I could ever live without you. We share so many interests, from dodge ball, snowboarding and martial arts to our love of great literature. I couldn't ask for a better mate! Enjoy your morning Sudoku puzzle my love, I hope you see this! Yours always, K

Happy Anniver. booboo! We have been through so much in the last 2 vrs. U r mv love, my world, my air, my soul n my heart n every sec that we r apart I am not complete. Ur the one I promise u n I hope to spend mv whole life with u celebrating the 13 always. LOVE YOU DOSHI

To my Jbear. Hope you'll be able to see this. Never stop smiling and I hope to have many great memeries with you :) Your the best.

look at the weather

TODAY Min 1° Max 13°

THURSDAY Min -1 Max 14°

FRIDAY Min -1° Max 10° Michele McDougall Weather Specialist
"My favourite part is reporting the

weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

T Aries March 21-April 20 Do whatever it takes to stay positive, even though your sixth sense is telling you something is not right. Your instincts are not infallible and this time they are way off course.

¥ Taurus April 21-May 21 A relationship that no longer brings you anything in the way of emotional or physical satisfaction is taking up far too much of your time and energy. So end it. Sometimes you have to be ruthless.

II Gemini May 22-June 21

Some people can be extraordinarily annoying, especially when they change their minds. When traveling or socializing make your own plans and not rely on friends or family.

Gancer June 22-July 22 You may want to give up on some-thing that is more difficult than you anticipated but if you do you will hate yourself. What's a bit of pain when the rewards are so great?

one trying to avoid you? Maybe, but there is no need to get paranoid about it because the issue isn't about you. They just need some time to themselves so they can get their head around recent changes.

MP Virgo Aug. 24- Sept. 22 At some stage today you will begin to wonder if you have bitten off more than you can chew. It's quite possible you have but it's also too late to do anything about it.

Ω Leo July 23-Aug.23 Is some-

expanded horoscopes, go to metronews.ca **Libra** Sept. 23-0ct. 23 Don't

For today's crossword answers and for

worry if a long-term project seems to have stalled. The fact that it is long-term means you'll have plenty of time to come back to it later. Give vourself a short-term break.

M Scorpio Oct. 24-Nov. 22

Mercury, planet of the mind, moves into your sign today, giving you a 'clearer vision of the kind of person you want to be and the kind of goals you want to be aiming for.

Nov. 23-Dec. 21 Someone you love is oddly unresponsive at the moment – whatever you say or do to spark their interest just doesn't seem to be working. Stop trying so hard and take the hint.

り Capricorn Dec. 22-Jan. 20

In recent weeks you succeeded by being assertive, even aggressive, but now you must be more co-operative. Get together with like-minded people and create something extraordinary.

~~ Aquarius Jan. 21-Feb. 18 No matter how much you may have done for someone in the past you cannot go on doing the same things forever. Make sure they know your assistance has a time limit on it.

H Pisces Feb. 19-March 20 Mercury moves into one of the more insightful areas of your chart today and you will begin to notice connections that were not so obvious before. ■ SALLY BROMPTON



You WIN! write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.





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